

Ongoing, formative assessment in PE

A1	A2	Sp1	Sp2	Su1	Su2
Games: Invasion	Gymnastics	Dance	Games: Invasion	Swimming & Water Safety	
				Games: striking/ fielding / racquet-	Athletics
<p>How can we change our passes to get past the opposition Where do we need to pass the ball if our team mate is running? How can we stop the other team scoring? How can we keep the ball away from the other team? How can it travel? What does it mean to keep possession? Why do some countries not do we well in some sports? How could we help this?</p>	<p>How can we travel? What are the features of a good balance? What is a good landing? How can we land safely? How should we start and finish a sequence? Why do we need to warm up in gymnastics? Why do some countries not do well in gymnastics? What careers can we see in this photo of a gymnastics competition?</p>	<p>What are the features of a good dance? How should we begin and end a dance? What gymnastic skills might we use in a dance? Why do we need to warm up?</p>	<p>How can we change how we pass to get past the opposition? Where do we need to pass the ball if our team mate is running? How can we stop the other team scoring? How can we keep the ball away from the other team? Why do some countries not do we well in some sports? How could we help this?</p>	<p>What is forehand? What is backhand? How can we hit a ball in a certain direction? Where should we aim to hit the ball in a game? What is throwing position? What is the long barrier? Which hand should we pick the ball up with? Why do we need to warm up? How might new technology improve performance? What careers can we see in a photo of a cricket match?</p>	<ul style="list-style-type: none"> • What tactics can we use to run over longer distances?. How can we make the fastest possible start? • What can affect how fast we run? (stride length / pace of strides) What can help us to thrown further? What can help us to jump further? Why do we need to warm up? How might new technology improve performance?
<p>What is shielding? Name 3 types of pass? How do we know our team-mate is ready for our pass? Where should I aim when I pass? How can I let my teammate know I want them to pass me the ball? Why do we need to warm up? How do elite athletes become so good? What are their qualities? What else might they be good at?</p>	<p>What does travel mean? How long should we hold a balance? What are points and patches? Name 3 types of jump How can we land safely? What is a sequence? How do elite athletes become so good? What are their qualities? What else might they be good at?</p>	<p>Why do we plan and practice a dance? How can we move sideways or forwards and backwards in a dance? What are different levels in a dance? What might you change in your dance to change how the audience feels? Why is practising important? Why is stretching important? How do elite athletes become so good? What are their qualities? What else might they be good at?</p>	<p>What is shielding? Name 3 types of pass? How do we know our team-mate is ready for our pass? Where should I aim when I pass? How can I let my teammate know I want them to pass me the ball? Why do we need to warm up? How do elite athletes become so good? What are their qualities? What else might they be good at?</p>	<ul style="list-style-type: none"> •What is throwing position? •What is Catching position? •How can we make sure that we hit a ball? How can we throw the ball? How can we throw it accurately? • How do elite athletes become so good? What are their qualities? What else might they be good at? 	<ul style="list-style-type: none"> •What can help us to run faster? (pump arms / fast legs / high knees / •Why do we need to warm up? •How can we throw as far as possible? •What will help us to jump as far as we can? •How do elite athletes become so good? What are their qualities? What else might they be good at?
<p>Who are 'opponents'? Who are 'team-mates'? What is rolling? How can we run? What is catching? What can we bounce a ball on? Who can play games?</p>	<p>How can we travel? What is a balance? Why should we stretch our muscles? Why do we need to be careful when doing gymnastics?</p>	<p>Why must we practice our dances? How should we end our dances? Why do we need to warm up before we dance? What feelings can dances show?</p>	<p>Who are 'opponents'? Who are 'team-mates'? What is rolling? How can we run? What is catching? What can we bounce a ball on? Who can play games?</p>	<p>Who are 'opponents'? Who are 'team-mates'? What can we use to hit the ball? How many hands should we use to catch the ball? How high should we throw the ball if we want to hit it somewhere? Who can play games?</p>	<p>What is a jump? How can we run fast? How can we throw? What different ways can we run? Who can do athletics?</p>