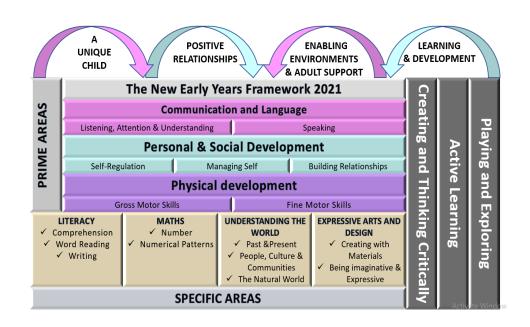


PE in the Early Years Foundation Stage

Our school is such a special and unique place to learn. Together, we all aspire to fulfil our true potential, understand each other and follow our dreams. We aim to inspire, with high quality teaching, learning and experiences in and beyond the classroom.

As a school, we are all learners who learn in different ways – we recognise the challenges and barriers that can be faced. By building independence, resilience, an ability to try new things, a positive attitude and a commitment to excellence in all we do – we will all be 'Ready to Fly'.



Class 1 – EYFS Long Term Plan 2021-22

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
General Themes NB: These themes may be adapted at various points to allow for children's interests	SUPERHEROES Starting School Me and my Family What am I good at? Key Workers and our Real-life Superheroes	Fairytales and Castles Traditional Tales STEM Castles and catapults Christmas Time	Splendid skies Arts & Design A Starry Night - Van Gogh Apollo 11 - Moon Landing Night time adventures Chinese New Year	Springwatch in Brompton Signs of Spring Visiting the Farm Life Cycles Weather and Seasons Growing in the garden	Walking with Dinosaurs Dino Eggs Jurrasic Periods Dinosaur Facts What is a carnivore?	Land Ahoy/Under the Sea Animals under the sea Seaside Towns in the past Seaside Art Reduce, Reuse & Recycle
High quality Texts	Colour Monster The Dot Supertato Super Duper You! Captain Tom Moore	The Egg Rapunzel 10 little princesses Jolly Christmas Postman The Gingerbread Man The Christmas Story	Man on the moon La Luna – Animation Short Field Trip to the Moon	On the farm A squash and a squeeze Farmer Duck Little Red Hen Non-fiction texts about farming and animals	Stomp Dinosaur Stomp! 10 little dinosaurs Lava – Animation Short	Flotsam The storm whale This hat is not mine Town is by the Sea Piper – Animation Short
Enrichment	Superhero Visits (Nurse /police officer/vet/mountain rescue) Harvest Festival Halloween Fundraising Event	Bonfire Night Remembrance day Baking Gingerbread Christmas Time Nativity Father Christmas Visit Panto Trip	Valentines day Chinese New Year National Storytelling week 30 th Jan-6 th Feb Art Exhibition Star Dome	Farm animals (hens, ducks, lambs) Farm Visit Mother's Day World Book Day Easter Egg decorating/rolling Easter Bonnets	Visit to a Jurassic bay Hidden Horizons Fossil Hunt Father's Day	Sports Day End of year trip Transition into Year 1 New children visits Leavers Assembly End of year family BBQ

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Characteristics of effective learning	Playing and exploring: Children investigate and experience things, and 'have a go'. Children who actively participate in their own play develop a larger store of information and experiences to draw on which positively supports their learning Active learning: Children concentrate and keep on trying if they encounter difficulties. They are proud of their own achievements. For children to develop into self-regulating, lifelong learners they are required to take ownership, accept challenges and learn persistence. Creating and thinking critically: Children develop their own ideas and make links between these ideas. They think flexibly and rationally, drawing on previous experiences which help them to solve problems and reach conclusions.						
Over Arching Principles	Positive Relationships: curriculum. Children and processions and help needs and passions and Sawdon	cactitioners are NOT alone – eactitioners are NOT alone – eactitioners are NOT alone – eactitioners are not develop and leactioners. Children develop and leactioners are understand that cheacting are are proud that our erefore, we are proud that our	strong & positive partnerships of the strong when the strong well in safe and secure envirous training over time. The strong was an involve child are strong to engage and involve child are EYFS setting has an underlighey learn to explore, to relate the strong are strong to relate the strong was an underlighey learn to explore, to relate	s between all staff and parents nments where routines are est different ways as it stated 201 are absorbed, interested and according to the state of Learning through to others around them and described to others around them and described the state of t	ablished and where adults readults readults readults. 7). We must be aware of chilestive. We understand that according to the play'. Play is essential for a control of the play'. Play is essential for a control of the play'.	spond to their individual dren who need greater tive learning involves other cation should be as children's development	

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British Values	Mutual respect We are all unique. We respect differences between different people and their beliefs in our community, in this country and all around the world. All cultures are learned, respected, and celebrated.	Mutual Tolerance Everyone is valued, all cultures are celebrated and we all share and respect the opinions of others. Mutual tolerance of those with different faiths and beliefs and for those without faith. Done through celebrations	Rule of law We all know that we have rules at school that we must follow. We know who to talk to if we do not feel safe. We know right from wrong. We recognise that we are accountable for our actions. We must work together as a team when it is necessary. Class rules	Individual liberty We all have the right to have our own views. We are all respected as individuals. We feel safe to have a go at new activities. We understand and celebrate the fact that everyone is different.	Democracy We all have the right to be listened to. We respect everyone and we value their different ideas and opinions. We have the opportunity to play with who we want to play with. We listen with intrigue and value and respect the opinions of others.	Recap all British Values Fundamental British Values underpin what it is to be a citizen in a modern and diverse Great Britain valuing our community and celebrating diversity of the UK. Fundamental British Values are not exclusive to being British and are shared by other democratic countries.
Assessment opportunities	RBA In-house baselines Nursery Transition Data	On going assessments to direct curriculum intent Pupil progress meetings Parents evening feedback EYFS team meetings End of term tracking Identification of children 'not' on track	On going assessments to direct curriculum intent Cluster moderation EYFS team meetings SIA visits and feedback	On going assessments to direct curriculum intent Pupil progress meetings Parents evening feedback EYFS team meetings End of term tracking Identification of children 'not' on track	On going assessments to direct curriculum intent Cluster moderation EYFS team meetings	On going assessments to direct curriculum intent Pupil progress meetings Parent reports EYFS team meetings ELG Data and reporting
Parental Involvement	New Starter Transition Meetings Phonics Workshop Tapestry and Class Dojo Harvest Festival Home Learning Books	Tapestry and Class Dojo Home Learning Books Parents Evening Open Day Nativity Christmas Fair Panto and Trip Volunteers	Tapestry and Class Dojo Home Learning Books Art exhibition Valentines Day Lunch/Disco	Tapestry and Class Dojo Home Learning Books Parents Evening	Tapestry and Class Dojo Home Learning Books New Starter Parent Meeting	Tapestry and Class Dojo Home Learning Books Sports Day Summer Fair Whole School Family BBQ

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Communication and Language	The development of children's spoken language underpins all seven areas of learning and development. Children's back-and-forth interactions from an early agreement form the foundations for language and cognitive development. The number and quality of the conversations they have with adults and peers throughout the day in a language-rich environment is crucial. By commenting on what children are interested in or doing, and echoing back what they say with new vocabular added, practitioners will build children's language effectively. Reading frequently to children, and engaging them actively in stories, non-fiction, rhymes and poems, and then providing them with extensive opportunities to use and embed new words in a range of contexts, will give children the opportunity to thrive Through conversation, story-telling and role play, where children share their ideas with support and modelling from their teacher, and sensitive questioning the invites them to elaborate, children become comfortable using a rich range of vocabulary and language structures.						
	C&L is developed throughout the year through high quality interactions, daily group discussions, sharing time, PSHE, stories, singing, speech and langua interventions. Daily story time using high quality texts						
Listening, Attention and Understanding Speaking	 Settling in activities Making friends Show an interest in the lives of other people I can understand simple questions and answer appropriately I can use everyday words to talk about people I know I can follow two-step simple instructions with visuals I can listen and respond to adults and peers Key vocab: colours, nursery areas, adult names, rules & routines 	 I can concentrate for longer periods I can begin to understand and ask why and how questions I can join in with a small group I can hold two-way conversations with adults and peers I can remember and join in with stories and rhymes Key vocab: celebrations, describing words, food/ingredients 	 I can speak in full sentences I can express desires, feelings and needs I can engage in imaginary role-play sometimes building stories around objects and toys Key vocab: planets, sky, colours revisit, light & dark	 I can explain my own thinking/ideas I can describe the story settings and characters I can join in with the repeated lines and refrains I can use language as a powerful means of widening contacts and sharing feelings Key vocab: animal life cycles, farm animals, signs of spring, seasonal language 	 I can communicate effectively with my peers and adults I can follow three-step simple instructions, I can anticipate key events in stories I can take turns in small groups I can ask simple questions and wait for a response Key vocab: dinosaurs, science specific vocabulary, 	 and actions. I can ask questions to clarify my understanding. I can speak in full sentences, using 	

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<mark>Physical</mark> development	Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults. By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy. Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practice of using small tools, with feedback and support from adults, allow children to develop proficiency, control and confidence.						
Fine motor Continuously check the process of children's handwriting (pencil grip and letter formation, including directionality). Provide extra help and	 I can hold a pencil (fisted/digital pronate grip) to make marks I am beginning to do up my own large buttons I can turn the pages in a book I can fit the pieces of a puzzle together 	 I can pick up tiny objects using a fine pincer grasp I can take off and put on my own shoes (not laces) I can use tweezers I can use one-handed tools and equipment, e.g. make snips in paper 	 I can use tools effectively in playdough (eg: cutters/rollers) I am beginning to do up my own zip. I can grip using five fingers or static tripod grip to hold a pencil 	I can use pincers, tweezers and threading equipment with increasing control and confidence I can show increasing control over tools like pencils and crayons	 I am beginning to use 3 fingers (tripod grip) to hold my pencil. I can show accuracy and care when drawing. 	I can use scissors effectively to cut straight lines in paper	
guidance when needed. Gross motor	Fundamental Movement Balance Different ways of moving and negotiating space Travel with confidence Rolling, crawling, hopping, skipping climbing	Games Throwing, catching, kicking Using different sized balls including balloons and beach balls Follow the rules of a game	Dance and Gymnastics Move energetically Copy basic actions Move to music Negotiate space Jumping and landing Balance Core muscle strength	Swimming Develop water confidence. Blow bubbles in the water. Understand basic water safety. Swim 5m or more with a water aide.	Team Games Follow the rules of a game. Use a racket, bat other resources to hit a ball. I can join in with a game. Negotiate space within a team of children.	Athletics Running skills Agility Jumping Sports day	
	CONTINUOUS PROVISION: Cooperation games i.e. parachute gam skateboards, wheelbarrows, prams an	 es. Climbing	Les play. Provide a range of wheeled	I resources for children to balance, sit	I or ride on, or pull and push. Two-wh	I neeled balance bikes and,	

skateboards, wheelbarrows, prams and carts. Revise and refine the fundamental movement skills they have already acquired: - rolling - crawling - walking - jumping - running - hopping - skipping – climbing.

Progress towards a more fluent style of moving, with developing control and grace.

Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons. Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.

Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.

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Understanding the world	increases their knowledge on nurses and firefighters. In technologically and ecologi	Understanding the world involves guiding children to make sense of their physical world and their community . The frequency and range of children's personal experiences increases their knowledge and sense of the world around them – from visiting parks, libraries and museums to meeting important members of society such as police officers, nurses and firefighters. In addition, listening to a broad selection of stories, non-fiction, rhymes and poems will foster their understanding of our culturally, socially, technologically and ecologically diverse world. As well as building important knowledge, this extends their familiarity with words that support understanding across domains. Enriching and widening children's vocabulary will support later reading comprehension.							
Past and Present	 I am curious about people and show interest in stories about myself and my family I can talk about what I was like when I was a baby 	 I can remember and talk about significant events in my own experience 	 I can begin to make sense of my own lifestory and family's history I can use simple positional language 	 I can talk about the lives of the people around me. I can follow positional language instructions 	 I know some similarities and differences between things in the past and now. I can use books and stories to help me understand differences between the past and now. 	 I can talk about the lives of the people around me and their roles in society. Understand the past through settings, characters and events encountered in books read in class and storytelling. 			
The Natural World	 I can talk about places in and around school I can identify where things belong in my environment e.g. where my bottle belongs. 	 I can make observations about my immediate environment. I am beginning to draw pictures of animals and plants that are familiar to me. 	 I can talk about environments in stories. I am beginning to notice changes in my environment I am becoming familiar with common British wildlife 	 I can draw basic pictures of animals and plants. I can describe differences between environments, those around me and those in books. 	 I am beginning to talk about and describe changes in the natural world, including states of matter. I am becoming familiar with animals that live in other countries. 	 I can draw pictures of animals and plants, adding detail. I can talk about the process of change between seasons and how this affects me. I am beginning to identify common British plants such as nettles and daffodils. 			

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Expressive Arts and Design	the arts, enabling them to a developing their understand fundamental to their progress Give children an insight int	The development of children's artistic and cultural awareness supports their imagination and creativity. It is important that children have regular opportunities to engage with the arts, enabling them to explore and play with a wide range of media and materials. The quality and variety of what children see, hear and participate in is crucial for developing their understanding, self-expression, vocabulary and ability to communicate through the arts. The frequency, repetition and depth of their experiences are fundamental to their progress in interpreting and appreciating what they hear, respond to and observe. Give children an insight into new musical worlds. Invite musicians in to play music to children and talk about it. Encourage children to listen attentively to music. Discuss changes and patterns as a piece of music develops.						
Creating with Materials	I can explore different materials freely, in order to develop my ideas about how to use them and what to make. I can use various construction materials I can manipulate play dough (roll, knead)	 I can use a variety of tools to apply paint (brushes of different sizes, sponges, fingers) I can recognise and name colours. I can show interest and describe the texture of things. 	 I can join different materials and explore different textures. I can draw identifiable pictures I can use a variety of tools to apply paint (brushes of different sizes, sponges, fingers) with increasing control 	 I can talk about what I am creating. I can begin to use representation to communicate e.g. drawing a line and saying 'That's me.' I can mix new colours and say what I have made. 	 I can draw a person with identifiable features I can develop my own ideas and then decide which materials to use to express them. 	 I have been exposed to a different range of artists I can explain the process I have used for my design. I can use props and materials when role playing to develop my story narrative. 		
Being Imaginative and Expressive	 I can experiment with different instruments and ways of making music. I enjoy to move my body to music. 	I can sing a range of nursery rhymes and songs alongside my teacher and friends.	 I can recount stories that I know through my play. I can change my pitch when signing and humming. 	 I can sing nursery rhymes and songs from memory. I enjoy to repeat poems and stories through play. 	 I can move my body, hands or feet in time to music e.g. clapping a pulse. I can create my own music using different instruments. I can choose a role when joining in with pretend play. 	 I can invent and adapt stories in my play. I can be patient and resolve conflict during pretend play. 		