Newsletter





Friday 13th September 2024. No.2

Hi everybody,

I've got to start this Newsletter with some really exciting news — very soon we will be able to access many more Wild School sites in the village, in which the children can develop their Wild skills and knowledge. We want the children to learn outdoors as much as possible (across the curriculum) and the possibilities for doing that, right on our doorstep, are endless.

The number of children having school lunches has dropped quite significantly since we started back. This puts us in a tricky position as County Caterers are potentially able to position Laura elsewhere if they don't feel there is a demand for lunches here. As I've shared previously, if numbers drop NYCC tend to raise the cost to school/parents, which creates another difficulty. It would therefore be fantastic if as many of the children as possible could have a school dinner please. If you have any thoughts or ideas regarding this I would love to hear them.

The new website is a few tweaks and photos away from being shared – we can't wait to show you it very soon!

Clubs have started this week, however numbers at some are quite low. We try to provide the widest range of extra experiences for the children, in Buddies and in the other clubs. If some remain poorly attended we will likely merge them.

Thank you from everybody for the big effort with Hoodies - the children look really smart!

If you have any Safeguarding concerns, please report these to Mr Robinson (Designated Safeguarding Lead) or Mrs Davis (Deputy Safeguarding Lead) in his absence. Please contact the police if there are immediate concerns. If you believe the situation is urgent but does not require the police, call Customer Services on 03001312131.

As always, if you have any questions, thoughts, ideas or concerns, please don't hesitate to contact me. They will be very much valued.

Have a great weekend, Mr R









Activities w/c 16th September 2024

Activities w/c 16 th September 2024					
	Lunch	Clubs	Events		
ALL WEEK					
Monday	Creamy Cheesy Tomato Pasta Medley of Vegetables Homemade Garlic Bread OR Wholemeal Sandwich with a choice of filling and salad. **** Vanilla Iced Sponge	3:30 Sports Club with Mr Robinson for Years 2 - 4			
Tuesday	Chicken Nuggets Diced Potatoes Veg Sticks Homebaked 50/50 Bread OR Jacket Potato with a choice of filling and salad. ***** Autumn Fruit Muffin	No Clubs Today			
Wednesday	Roast Chicken & Stuffing Mashed Potato Gravy Peas & Sweetcorn Sliced Wholemeal Bread OR Jacket Potato with a choice of filling and salad. **** Lemon Drizzle Cookie	No Streetdance with Miss Evie this week – starts 25 th September!			
Thursday	BBQ Beef Bake Vegetable Rice Carrots & Green Beans OR Wholemeal Sandwich with a choice of filling and salad. **** Chocolate Fudge Pudding with Vanilla Sauce	3:30 – Netball and Basketball Club with Mrs Davis for years 3-6 3:30 – Craft Club with Miss Thwaites for Years R-3			
Friday	Fish Fingers Chips Mixed Salad and Grated Carrot Ketchup OR Jacket Potato with a choice of filling and salad. OR Ham Sandwich & Salad **** Oat Cookie & Cheese	3:30 – Multisports with Mr Johnson for Classes 2 and 3	vour child's class		

All upcoming events are now in the Dojo calendar. Please ensure you regularly look at this for both your child's class and the whole school. Thank You!

Friends of Brompton Sawdon Primary

friends@bromptonsawdon.n-yorks.sch.uk

In line with school's rebranding, our logo has been redesigned by Rob Longworth to incorporate the new school colours, we hope you love it as much as we do. Thank you, Rob, for all your help with this.



Jumble Sale - Brompton Village Hall Saturday 27 October 10am - 12noon



We will be holding a Jumble Sale for our first fundraising event of the year.

We would ask that if you have any jumble that you would like to donate, please bring it in to school on Friday 26 October, where we will collect it from you.

We will be charging £1 entry to the village hall, that will include a hot drink and a biscuit. We hope that as many of you as possible will be able to attend.

Christmas Cards

We will be giving each child in school the opportunity to take part and design their own Christmas project.

Each class teacher will be given the resources to enable your child to complete their design.

More information about how and what you can order will follow once we have the completed artwork from the teachers.



We would love to hear from you, if you have any ideas on fundraising or you would like to join us, please get in touch, either in the playground or via email.

Don't forget we use Easyfundraising - www.easyfundraising.org.uk



easyfundraising partners with over 7,000 brands who will donate part of what you spend to a cause of your choice. It won't cost you any extra. The cost is covered by the brand.

easy2name

When you put an order through at www.easy2name.com, please state our school when it gives you an option, and weillearn 20% cashback of your entire order. Just select our unique code at the checkout FR-BROMPTON&SAWDONCPS-04

This week's attendance



The government expectation for all schools is 96%+ attendance. So far this year our overall school attendance is 96.6%

As you can see, our attendance so far this year is in line what is expected. Thank you for supporting us by ensuring that your child attends as much as possible.

Every day missed really does impact hugely on the children's learning.



Term Dates and Useful Info

2024-2025 YEAR	Break Up	Return to School		
AUTUMN TERM 2024		Wednesday 4th September		
OCT HALF TERM 2024	Friday 25th October	Monday 4th November		
CHRISTMAS 2024	Friday 20th December	Tuesday 7th January		
FEB HALF TERM 2025	Friday 14th February	Monday 24th February		
EASTER 2025	Friday 4th April	Tuesday 22nd April		
MAY BANK HOLIDAY 2025	Friday 2nd May	Tuesday 6th May		
MAY HALF TERM 2025	Friday 23rd May	Monday 2nd June		
SUMMER 2025	Friday 18th July			

Teacher Training Days 2024/2025: 2nd & 3rd September; 6th January; 21st and 22nd July.

Please avoid booking holidays and other non-essential term-time absence during these term dates



2025-2026 YEAR	Break Up	Return to School
AUTUMN TERM 2025		Wednesday 3rd September
OCT HALF TERM 2025	Friday 24th October	Monday 3rd November
CHRISTMAS 2025	Friday 19th December	Tuesday 6th January
FEB HALF TERM 2026	Friday 13th February	Monday 23rd February
EASTER 2026	Friday 27th March	Tuesday 14th April
MAY BANK HOLIDAY 2026	Friday 1st May	Tuesday 5th May
MAY HALF TERM 2026	Friday 22nd May	Monday 1st June
SUMMER 2026	Friday 17th July	

Teacher Training Days 2025/2026: 1st & 2nd September; 5th January; 13th April and 20th July.

Please avoid booking holidays and other non-essential term-time absence during these term

dates

Dates for your Diary *NEW this week

27th Sept 2024 – Macmillan Coffee Morning – Year 6 Bake sale in Buddies before school

3rd Oct 2024 – Special Lunch! Build a Burger Day

8th Oct 2024 – Open Morning for potential new Reception starters

16th Oct 2024 – School Photos (Individual)

26th Oct 2024 – Drop off any donations for Jumble Sale at school for Friends to collect

27th Oct 2024 – Friends Jumble Sale in the Village Hall 10-12

15th Nov 2024 – Children In Need Day

9th – 11 Dec 2024 – Peat Rigg Residential for Years 3-6

17th Dec 2024 – Whole School Trip - Cinderella at Scarborough Spa

17th Dec 2024 - C1 Nativity 2pm Performance followed by Christmas Fair

18th Dec – Christmas Lunch

19th Dec – C1 Nativity 5.30pm Performance

15th Jan 2024 – Swimming Lessons for C1 & 2 start

23rd Apr – Swimming Lessons for C3 start

8th May 2025 – Class Photos

ANNUAL BUDGETING HELP 2024/2025 Brompton Things could change, dates could move and costs could alter, ad hoc requests will be added – however this is an estimation to help with family budgeting. We have taken the decision, that for National Fundraising Events, whilst we will support in order that the children feel connected, we will not be asking for voluntary contributions Regarding school trips, where possible the fundraising that FRIENDS do so well, pays for the transport costs. Other costs will be requested as voluntary contributions from families and/or paid for by school. If enough money is not raised, please be aware that We hope this helps. **Autumn Term 1 Autumn Term 2** Spring Term 1 **Spring Term 2** Summer Term 1 **Summer Term 2** Sept – Oct '24 Feb - Mar '25 **Jun – Jul '25** Oct – Dec '24 Jan – Feb '25 Apr – May '25 Class 1 Trip Class 2 Trip Class 1 & 2 Swimming Class 2 Trip Whole School Photos (8th Yr6 Trip fundraiser May) Class 3 Trip Class 1 Trip FRIENDS - Summer Fair MacMillan Coffee morning Class 3 Trip fundraiser **Class 3 Swimming** FRIENDS - Xmas Fair Class 1 Trip Harvest Festival (food Class 2 Trip donations) **Whole School Panto** Whole School Trip Class 3 Trip Whole School Individual Poppy Appeal (£ donations) Photos (16th Oct) Children in Need - no Y3-6 Peat Rigg residential (9-11th December) Save the Children Christmas Jumper Day - no donation C1&2 Christmas performance



PARENT LUNCH INVITATION – any week day

On a lunchtime, we would like to invite you to come into school and have your lunch with the children.

You are welcome to bring up to two adults and any younger siblings.

There will be a limit of two families per week.

This is a great opportunity for you to see what is happening in school that week, experience our super school lunches, and spend some time with the children and adults in school.

Please call the school office to book your place and confirm who will be coming.

There will be a small charge of £3.57 per adult, siblings will be free.

We can't wait to host you!

ParentPay

Please do check your ParentPay accounts regularly. Wraparound care should be paid for at the time of booking (unless you are using childcare vouchers), and after school club places should be paid for on allocation of a place. We still have a number of outstanding balances that need to be cleared. Please get in touch if you have any concerns regarding the clearing of any outstanding balances.

Please can we request that you book all Buddies sessions in advance directly through ParentPay

In order to book please follow the instructions below: Bookings must be made per event type and per child-

- *Early Breakfast Buddies (7.45am 8.40am) £4.00
- *Standard Breakfast Buddies (8.00am 8.40am) £3.00
- *Standard Afternoon Buddies (3.30pm 4.30pm) £3.00
- *Late Afternoon Buddies (3.30pm 5.30pm) £5.00

Cut off times for booking will be 30 minutes before the session starts. Any last minute, emergency bookings can still be made by contacting the school office directly (01723 859359)

Instructions:

- 1. Go to www.parentpay.com and log in
- 2. Select the child you wish to make the booking for
- 3. Select Bookings
- 4. Select Make or View bookings
- 5. Select the time of day that you wish to make a booking for:
 - -Early Breakfast Buddies (7.45am 8.40am) £4.00
 - -Standard Breakfast Buddies (8.00am 8.40am) £3.00
 - -Standard Afternoon Buddies (3.30pm 4.30pm) £3.00
 - -Late Afternoon Buddies (3.30pm 5.30pm) £5.00
- 6. Select the week to view
- 7. Select make or view bookings
- 8. Make the required bookings
- 9. A summary will then be displayed at the bottom of the page with any previous unpaid bookings shown in red.

WARNING: Any bookings must be confirmed and paid for within 2 hours of selecting them. Failure to do so will result in the bookings being automatically cancelled.

- 10. Review the booking summary, and then select Confirm Booking
- 11. Any credit in your Parent Pay account can be used to pay for clubs. Any remaining costs can then be paid in your usual way.

Your child's account must be in credit to make a booking. The session charge will only be deducted once the session has taken place. If a session is booked and there are no funds, you will be sent a ParentPay warning to add funds. If funds are not submitted, the session will automatically get cancelled.

If your child is ill or you wish to change a session on the day it is due to take place, these changes will be made by school and you will not be charged. Please let the office know.



Macmillan Coffee Morning

INVITATION AND REQUEST FOR HELP!

Year 6 will be holding a bake sale to raise money for Macmillan Cancer Support on Friday 27th September before school in Buddies.

If you would like to contribute to the sale by providing homemade cakes, biscuits etc, then please could you bring your produce into school on Thursday 26th All help and support is massively appreciated.

Thank you in advance!





Why do we need a healthy packed lunch?

Print me and stick me on your fridge



A healthy packed lunch will give children the energy and nutrition they need to get the most from their school day helping them to stay healthy, feel good and be ready and able to learn. Just like school meals, packed lunches should be made up of foods from the main food groups in the Eatwell Guide and portions should be appropriate for a child's age and size. This will ensure every child has a healthy and nutritionally-balanced lunch.

What should I include in my healthy packed lunch?

Please try to include ONE of each of the following in your lunch each day:



STARCHY CARBOHYDRATE

- √ bread, wrap, pitta, bagel, rolls, baguette
- √ rice or couscous
- ✓ pasta
- √ noodles
- ✓ potatoes

Wholemeal/wholegrain options contain more fibre and keep you fuller for longer

Gives you energy for the day ahead!



DAIRY FOOD (or non-dairy alternative)

- √ cheese hard, soft, spread
- √ yoghurt or fromage frais
- √ mik
- √ custard

Choose low fat, low sugar options where possible

Good for healthu bones and teeth!



FRUIT (fresh, frozen, tinned or dried)

√ cherry

√ handful

tomatoes

(chopped)

of grapes

(halved)

√ fruit salad

or kebab

Fruit and vegetables give you vitamins, minerals

and fibre to stay healthy. Part of your '5 a day'

How much? A portion is one child-sized handful.

✓ apple ✓ banana

√ pear

- √ satsuma
- √ plum
- √ mango ✓ melon
- √ small box of raisins

5 top tips for your packed lunch

Freeze a (reusable) bottle of water which

Freezer packs can keep food cool.

will be ready to drink by lunchtime.

Get your child to help pack their lunch

box - they are more likely to enjoy it.

bread or use veg sticks to dip into

Protect your fruit by putting it in a small

plastic container e.g. apple/banana guard.

Children love to dip – cut up pitta

a pot of hummus or tzatziki.

shaped sandwiches.

Get more

Use pastry cutters to cut funny-

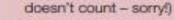
vegetables in your lunches!



VEGETABLES OR SALAD

- chopped vegetable sticks (e.g. carrot, cucumber, pepper)
- √ salad in sandwiches
- √ vegetable soup





PROTEIN

√ lentils, beans, chickpeas, hummus

✓ meat e.g. sliced lean ham, chicken or beef

√ fish – try to include oily

every 3 weeks (tuna

fish such as salmon or

sardines at least once

in a sandwich

Helps your body to grow and develop



DRINKS - plain tap water is the best option, especially for teeth. Please send your child to school with their own named, clean water bottle each day.

Drinking enough each day helps keep your body working well and your skin looking healthy!



Me-sized meals

Young children don't need as much food as teenagers and adults. When they eat more than they need, the excess energy is stored as fat in their bodies.



What about snacks for break time?

The best options for breaktime snacks are:

Portion of fresh fruit (no dried fruit as snacks please as the sugar can stick in teeth).

Vegetable sticks.

Other ideas for healthy snacks could be rice cakes, bread sticks, bag of plain popcom.

Please check your school's policy on snacks here:

www.nameofschoolinhere.ed.uk



School dinners are best!

Making packed lunches can be time consuming and expensive – why not try school dinners?

School meals provide your child with a nutritionally-balanced variety of foods: Every infant child (aged 5-7) is entitled to a FREE school lunch.

Also, FREE school meals for all age groups are provided to families who receive qualifying incomes such as income support and universal credit. Ask your school office how to order yours. More information is available from your school's website or the North Yorkshire County Council website www.northyorks.gov.uk/school-meals www.northyorks.gov.uk/free-school-meals

Here are some websites with more information to help your family to stay healthy, happy and well:

healthyschoolsnorthyorks.org/healthy-food

nhs.uk/live-well/healthy-weight/childrens-weight

And some information on saving money, local food banks, financial support and eating well on a budget:

healthyschoolsnorthyorks.org/costsaving

What should I NOT bring to school?

Please do NOT include the following items:

- Sweets and chocolate bars these foods are high in sugar and calories, low in goodness, and are harmful for teeth.
- Squash or fizzy drinks water is best for teeth.
- Other items e.g. nuts, sesame, fish please check your school's allergy policy.



Be safe!

- Please cut up food into small sizes for young children. Cut grapes and cherry tomatoes in half (lengthways if oblong).
- · Be aware of allergies please check your school's allergies guidance.

Click here for some GREAT ideas for upping the veg (and fibrel) content of your Linchboxes.





Leaflet developed by Public Health, North Yorkshire County Council and the North Yorkshire Healthy Schools Programme.

Thank you!



This leaflet provides important information on looking after your child's eyes and booking an eye test for children

Children in North Yorkshire should visit an optician for a free eye test

When should you get your child a free eye test?

Ideally children should start having regular eye tests from the age of
4. But they can be tested at any age, even if they can't read or speak.

How do you book a free child's eye test?

Please book your child an eye test at an opticians, even if you have no concerns about their vision. To do this contact your local opticians - use this link for local practices **Find an optician - NHS**.

What will it cost?

Children under 16 are entitled to NHS-funded (FREE) eye tests. If your child needs glasses, they will receive a voucher to help with the cost.

Why should you get your child's eyes tested?

- ✓ Being able to see clearly will mean your child is able to learn and develop at school and socially.
- ✓ Eyes are still developing in early childhood. An eye test helps pick up and treat any problems. This can help to avoid or prevent longer-term eye problems.
- Even if you think your child has normal vision it is still important to get their eyes tested.
- ✓ They are no longer tested in school.







SING - HAVE FUN - BUILD CONFIDENCE

A choir for all aged 6 years old upwards in Ryedale who love to sing!

MONDAYS IN TERM TIME 6 - 7 PM

MALTON SCHOOL



PICKERING JUNIOR SCHOOL

A monthly membership fee will apply

For more information and to book a place please contact Nicky: singing with missnicky. mymusicstaff.com/Young-Crescendos



